

THE HARM CAUSED BY A THERAPY BAN IN NZ, PART 3 OF 8: “TRANSGENDER? WE ARE DOING THE WRONG THING”



“We are doing the wrong thing”, says Dr. Paul McHugh, the founding father of affirming the transdelusion. Fifty years ago, the professor started medical experiments to turn fantasy into life, only to pull out the plug when all the scientific data finally came in, a decade later. He now opposes the movement he once started. It is growing way out of hand, he feels.



He says: *“Transgenderism is a mental disorder that merits treatment; sex change is biologically impossible; people who promote sexual reassignment surgery are collaborating with and promoting a mental disorder”*. This is backed up by science.

But at the rate that transgender radicals are seizing government control in Western countries, is he saying too little, too late?

1. The origins of the transdelusionism wave

The surgery on genitals in patients with a Gender Identity Delusion (GID) was started by psychiatrist Dr. Paul McHugh at the distinguished Johns Hopkins Hospital in Baltimore. The year was 1960 and McHugh was a promising young physician.

However, he experienced much opposition to his liberal experiments. Many colleagues saw and explained the delusional quality of the patients’ perceptions to the young doctor. The more his superiors protested, the more Paul felt the need to be riding the new wave of social transformation during the Vietnam War protests of the ‘60s.



He felt it was appropriate to at least give the patients a fair chance. It was the thing to do.

“Let us help them relocate the mental dissatisfaction into the physical outer world and then see what happens. Perhaps they are right”.

Staunch left-winger that he was, he convinced the Ethical Committee to permit him to venture into unknown territory.

“Let’s see if changing the look and feel of the body leads to happiness and peace of mind”, so he pleaded.

He tried to find colleagues to help devise methods to remove genitals and “fix” them to look like the opposite sex. He also promoted injecting illegally huge amounts of hormones to “help” the body along. The Ethical Committee insisted on a scientific evaluation scheme, after which he was granted the benefit of the doubt.

But after ten years of following up on the patients as they regularly came back for evaluation, he shook his head. *“We have done the wrong thing”,* he concluded in 1970.

The number of mental problems and dissatisfaction did not decrease over a longer period of time. Yes, there was a predictable honeymoon with the surgery and an initial shift in some symptoms, but they proved to make way for new ones (anguish, depression, obsessive-compulsive behavior, horror, regret, and fear of the void).

To make matters worse, the newly fabricated surgery and hormones themselves led to serious and lethal side effects. Healthy tissue started showing a kaleidoscope of pathology. Cancers, blood clots, heart attacks, brain hemorrhage, thrombosis, lung emboli, and uncontrollable depression took their toll. His colleagues who objected right from the start were justified in their professional opinion after all.

2. The Sorcerer’s Apprentice

Deeply ashamed of himself, McHugh felt like the Sorcerer’s Apprentice in the 1940 Disney film ‘*Fantasia*’. Mickey Mouse pronounced a magic spell but the situation grew way out of hand.

The self-propelling mopping brooms were meant to help him in his chores, but they took over and little Mickey was dwarfed by their siege. Their numbers grew and grew, mopping up everything in sight, almost drowning Mickey. Then, the Grand Wizard himself returned and restored order.



“What have I done?”, said a young McHugh while apologizing to the patient community. Surgery and hormones were stopped; psychotherapy was offered to the victims of the experiments to help them cope with, and heal from, their obsessive-compulsive wishes.

A small faction of die-hards, however, who did not get over their delusional thoughts, ganged

up against him. They formed the Harry Benjamin Association. They have become a pressure group (later changing their names), promoting a never-ending array of surgical and hormonal interventions, meaning: no way back.

Now they call themselves *"The World Professional Society of Transgender Quality of Life"*, amongst a great array of other aliases, all of which appear to be doing the trick. They lost their wives, families, kids, and fertility, in the process. After a painful divorce, many had to move out and live alone. Surely all this was not for nothing, *"We must never denounce this surgery"*.

In doing so, however, they have proven to show a blind eye for the side effects and lack of peace of mind. Suicide attempts rain galore. It is an auto-aggressive mental condition by all medical standards with, more often than not, a lack of insight by the afflicted.

The Williams Institute of the UCLA School of Law reports in 2014:

"The prevalence of suicide attempts among people who self-identify as "transgender" is 41%, which vastly exceeds the 4.6% of the overall U.S. population who report a lifetime suicide attempt".



Despite this, the Harry Benjamin Association opposes any negative stance about their predicament. They had done the right thing, so they felt, and no one was to confuse them with the facts. *'It was good for me and, therefore, it is good for anyone. The sooner, the better; fewer years wasted!'*, so became their battle-cry.

Their most successful move was to hijack the Gay Liberation Front in 2014 as their vehicle for exposure, claiming a role as a new branch of activism, if not to say a new branch of the human species, which they are not. They are now in full control since the homosexual/lesbian activists, after overturning the American Psychiatric Association in 1973, half a century ago, are running out of gas for new outcries. After all, gay-lib cannot feign to be the 'New Kid On The Block' forever. So, new blood is needed.

First, Bisexuality was appropriated (the letter B in 2010), then being Asexual (the letter A in 2012), then being unsure and Questioning (the letter Q in 2013), then the Harry Benjamin Association (the letter T in 2014), and then Everything Goes (the letters +++ in 2016). There is plenty of room for more, as the notorious divisionist gay journalist Wayne Besen describes in his activist pamphlet: *"Anything But Straight"*.

As of 2021, the outdated rainbow flag from 1969 is being expanded with a pinkish triangle to emphasize an equal role for the T newcomers, being only 0.002% of the population. They demand, however, 50% of the visual space during flag-waving opportunities, gay-relevant or otherwise. This ISIS flag (of sorts) is waved during demonstrations against Corona-measures, but it is also waved during demonstrations calling for more Corona measures. Just wave the bloody thing.

It was even waved yesterday in the streets of Brussels at EU headquarters during a march for the environment. What does CO2 have to do with sex, I wonder? And none of these flags were home-stitched, they were handed out.

Non-verbal flag-waving has become an industry. We have discovered that the NCLR is handing out millions of rainbow-colored facemasks all over the globe in times of Corona in 2020.

A year later, the Harry Benjamins felt: *'Let us add our pink triangle in a little corner and we will share the crowd-waving, worldwide'*. The public space has been taken over by a self-acclaimed "*liberation*" army using the display of rainbow colors without a single shot being fired. A verbal shot, that is.

Peacocks do the same. Dazzling colors help male peacocks conquer a female mate.

In effect, the Harry Benjamins have taken over gay-lib with a lot of homosexuals not even realizing that they are being hi-jacked. The conquerors are everywhere with symbols to prove it and the public space is theirs.

Mopping brooms have come to life.

3. Appropriating the gay-lib worldview

The Harry Benjamin Association then guzzled up the whole gay-lib rhetoric to its advantage: "*coming out*", "*the other guy is phobic*", "*human rights*", "*intersectionalism*", etc., giving homosexual radicals a nice homely feeling, a win-win situation.

Having sex with your own gender is becoming SO boring on Youtube. Even wearing make-up in dreary dragqueen shows (RuPaul, anyone?) is SO like my parents' generation of the 20th century. But spicing it up with actual physical appearance change, with the chop, and winning beauty contests, as a result, is the woke way to go.

Never mind the over-the-hill obese old dykes who, in a deep grumpy voice after too much smoking, are opposed to beauty contests as a sexist repressive patriarchal capitalist social structure. So 20th century! Fancy smoking!

4. Paul McHugh in the Wall Street Journal 2015

McHugh, on the other hand, is quite clear in his conclusions. In 2015, he spoke openly against the so-called '*Transgender Revolution*' in the Wall Street Journal. We end this article with his current opinion. On CNS-news, we read:

"Dr. Paul R. McHugh, the former psychiatrist-in-chief for Johns Hopkins Hospital and its current Distinguished Service Professor of Psychiatry, said that transgenderism is a "*mental disorder*" that merits treatment, that sex change is "*biologically impossible*" and that people who promote sexual reassignment surgery are collaborating with and promoting a mental disorder.

Dr. McHugh, the author of six books and at least 125 peer-reviewed medical articles, made his remarks in a recent commentary in the *Wall Street Journal*, where he explained that surgery is not the solution for people who suffer a "*disorder of assumption*" – the notion that their perceived maleness or femaleness is different from the hardware of their biology and genetically-induced anatomy.

He also reported on a new study showing that the suicide rate among transgendered people who had genital-mutilating surgery is 20 times higher than the suicide rate among non-transgendered people.

Dr. McHugh further noted studies from Vanderbilt University and London's Portman Clinic of Children who had expressed transdelusional feelings but for whom, over time, 70%-80% "*spontaneously lost those feelings.*"

While the Obama administration, Hollywood, and major media such as *Time* magazine promote transgenderism as normal, these

"policymakers and the media are doing no favors either to the public or the transgendered by treating their confusions as a right in need of defending rather than as a mental disorder that deserves understanding, treatment, and prevention. This intensely felt sense of being transgendered constitutes a mental disorder in two respects. The first is that the idea of sex misalignment is simply mistaken – it does not correspond with physical reality. The second is that it can lead to grim psychological outcomes."

It is a disorder similar to a "*dangerously thin*" person suffering from Anorexia Nervosa who looks in the mirror and thinks they are "*overweight*", said McHugh. This assumption has led some transgendered people to push for social acceptance and affirmation of their own subjective "*personal truth*".

As a result, some states – California, New Jersey, and Massachusetts – have passed laws barring psychiatrists, *“even with parental permission, from striving to restore natural gender feelings to a confused minor”*, he said.

The pro-transgender advocates do not want to know, said McHugh, that studies show between 70% and 80% of children who express confusing feelings *“spontaneously lose those feelings”* over time.

Also, for those who had sexual genital surgery, most said they were *“satisfied”* with the operation *“but their subsequent psycho-social adjustments were no better than those who didn’t have the surgery.”*

“And so, at Hopkins, we stopped doing sex-reassignment surgery, since producing a ‘satisfied’ but still troubled patient seemed an inadequate reason for surgically amputating normal organs,” said Dr. McHugh.

The former Johns Hopkins chief of psychiatry also warned against enabling or encouraging young people, susceptible to suggestion from *‘everything-is-normal’* sex education, to embrace this ideology. Schools have become infiltrated by

“diversity counselors who like cult leaders encourage these young people to distance themselves from their families. The counselors offer advice on rebutting arguments against having genital surgery.”

Dr. McHugh also reported that there are *“misguided doctors”* who, working with very young children who seem to imitate the opposite sex, will administer

“puberty-delaying hormones to render later sex-change surgeries less onerous – even though the drugs stunt the children’s growth and risk causing sterility.”

Such action comes *“close to child abuse”*, said Dr. McHugh, given that close to 80% of those kids will “abandon their confusion and grow naturally into adult life if untreated.”

5. Conclusion

By presenting sex change as a feasible option, strong subliminal messages are beamed out. The woke professional is saying to confused youngsters: *“Yes, we most certainly believe that wrong bodies march around. And you could be one of them. Let us wait and see, who knows?”*

Note that the delusion is not staunchly contradicted. It is increasingly taught at a prep-school

age where gullible children also believe in dwarves, mushroom houses, and the tooth-fairy. And who is to contradict the doctor? Thereby, the professional does not get into trouble with the aggressive lobby. He/she is saving his skin.

Let us replace the word *“wrong bodies”* with the word *“Martians with green bodies”* and see what we get:

“Yes, we believe that Martians with green bodies march around. And you could be one of them. With the right chemicals (most notably copper oxide), your body changes to green. We will help you. The treatment is perfectly safe. Tell us when you are ready, we are here for you”.

Copper oxide, if digested slowly, works, by the way.


Over the coming years, millions will suffer or die from the delusion as it is exported from the USA across the world.

The mainstream professionals choose to remain woke and ignorant. We see them refusing any form of accountability for their unscientific jibberish. The way people suffer and die is then put in the shoes of the unbelievers: the NZ campaign against psychotherapy!

After a lifetime of experience, McHugh says:

“Sex change is biologically impossible. People who undergo sex-reassignment surgery do not change from men to women or vice versa. Rather, they become feminized men or masculinized women. Claiming that this is a civil-rights matter, meaning that opponents have to shut up, and encouraging surgical intervention, is, in reality, to collaborate with and promote a mental disorder. You won’t hear it from those championing transgender equality but controlled and follow-up studies reveal fundamental problems with this disastrous ideological movement.”

To be continued.

Job Berendsen, MD. 

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